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| Year Group | Personal Safety | E-safety | Keeping Healthy |
| F1 | Stranger dangerGuest speakers from the police, fire brigade and ambulance services.  |  | Healthy foodsRole play gym and the importance of exerciseKeeping teeth healthy |
| F2 | Stranger dangerGuest speakers from the police, fire brigade and ambulance services. | Talk about safe use of apps in iPads | Health and self-careWashing handsPersonal hygieneKeeping teeth healthy. |
| 1 | Bonfire safety postersSafety in the sun | Say what information is personal and should not be shared online with support | Being cleanHealthy eating |
| 2 | Keeping safeFire safety | Follow and understand school rules for staying safe online | Healthy foods from around the world Making a healthy lunchboxThe importance of exercise |
| 3 | Keeping safe | Explain how to keep safe and the importance of being polite online.Work within the internet safety rules, understand why they are in place and abide by them. | What makes a healthy diet |
| 4 | Listening to music safely. | Understand that the school’s Learning Platform is a safe enclosed environment, but it is important to keep passwords and other personal information secure | Dental hygiene. |
| 5 | Bikeability – safe cycling. | To be able to talk about how to use the social media and internet search engines safely | Puberty and hygiene.  |
| 6 | Road safety | To understand and be aware of the potential dangers in online only friendships. | Puberty and hygiene.Sex and relatiosnhips.Heart circulatory systemDrugs |
| **Whole School Approaches**NSPCC abuse prevention.Road safety weekAnti-bullying weekMental Health weekPlace to BePressure pointsSeasons for growthLego therapySocially speakingNext StepTake Ten |