Year 3: PSHE Theme: Changing Me



Weekly Celebration	Pieces	PSHE Learning Intention	Social and Emotional Learning Intention	Vocabulary
Understand that everyone is unique and special	How babies grow	I understand that in animals and humans lots of changes happen between conception and growing up, and that usually it is the female who has the baby	I can express how I feel when I see babies or baby animals	Changes, birth, animal, babies, mother, giving up
Can express how they feel when change happens	Babies	I understand how babies grow and develop in the mother's uterus I understand what a baby needs to live and grow	I can express how I might feel if I had a new baby in my family	Baby, grow, uterus, womb, nutrients, survive, love, affection, care
Understand and respect the changes that they see in themselves	Outside body changes	I understand that boys' and girls' bodies need to change I can identify how boys' and girls' bodies change on the outside during this growing up process	I recognise how I feel about these changes happening to me and know how to cope with those feelings	Change, puberty, control
Understand and respect the changes that they see in other people	Inside body changes	I can identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary	I recognise how I feel about these changes happening to me and know how to cope with these feelings	Puberty, male, female, testicles, penis, ovaries, egg, womb, vagina
Know who to ask for help if they are worried about change	Family stereotypes	I can start to recognise stereotypical ideas I might have about parenting and family roles	I can express how I feel when my ideas are challenged and might be willing to change my ideas sometimes	Stereotypes, task, role, challenge
Are looking forward to change	Looking ahead	identify what I am looking forward to when I move to my next class	start to think about changes I will make next year and know how to go about this	change, looking forward, excited, nervous, anxious, happy