|  |  |  |  |
| --- | --- | --- | --- |
| Year Group | Personal Safety | E-safety | Keeping Healthy |
| F1 | Stranger danger  Guest speakers from the police, fire brigade and ambulance services. |  | Healthy foods  Role play gym and the importance of exercise  Keeping teeth healthy |
| F2 | Stranger danger  Guest speakers from the police, fire brigade and ambulance services. | Talk about safe use of apps in iPads | Health and self-care  Washing hands  Personal hygiene  Keeping teeth healthy. |
| 1 | Bonfire safety posters  Safety in the sun | Say what information is personal and should not be shared online with support | Being clean  Healthy eating |
| 2 | Keeping safe  Fire safety | Follow and understand school rules for staying safe online | Healthy foods from around the world Making a healthy lunchbox  The importance of exercise |
| 3 | Keeping safe | Explain how to keep safe and the importance of being polite online.  Work within the internet safety rules, understand why they are in place and abide by them. | What makes a healthy diet |
| 4 | Listening to music safely. | Understand that the school’s Learning Platform is a safe enclosed environment, but it is important to keep passwords and other personal information secure | Dental hygiene. |
| 5 | Bikeability – safe cycling. | To be able to talk about how to use the social media and internet search engines safely | Puberty and hygiene. |
| 6 | Road safety | To understand and be aware of the potential dangers in online only friendships. | Puberty and hygiene.  Sex and relatiosnhips.  Heart circulatory system  Drugs |
| **Whole School Approaches**  NSPCC abuse prevention.  Road safety week  Anti-bullying week  Mental Health week  Place to Be  Pressure points  Seasons for growth  Lego therapy  Socially speaking  Next Step  Take Ten | | | |